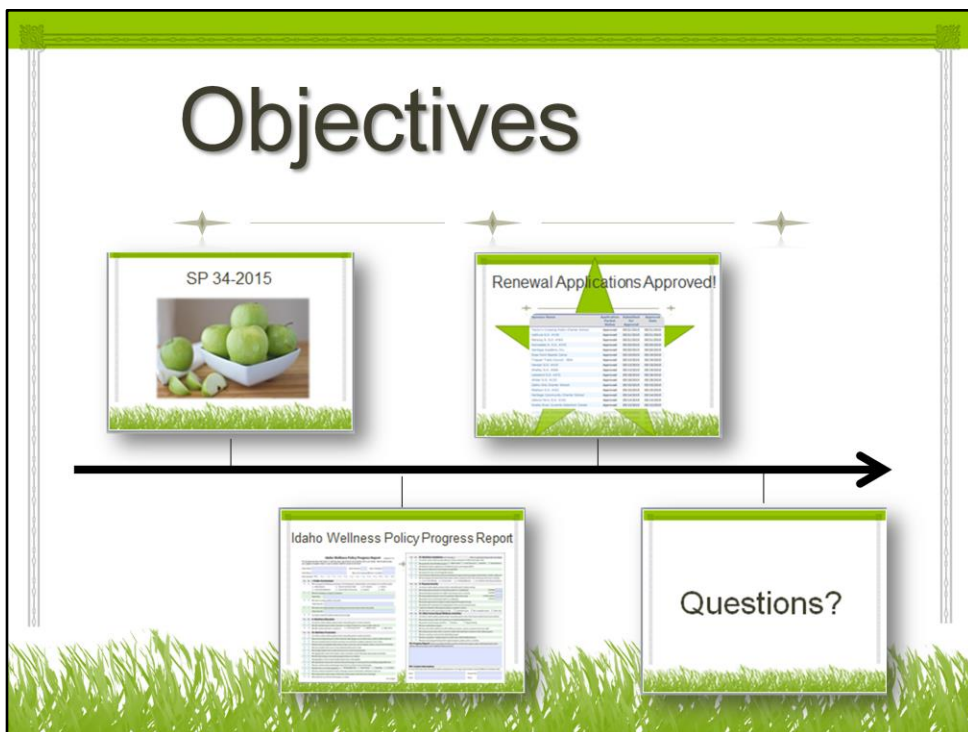


MAY NSLP WEBINAR

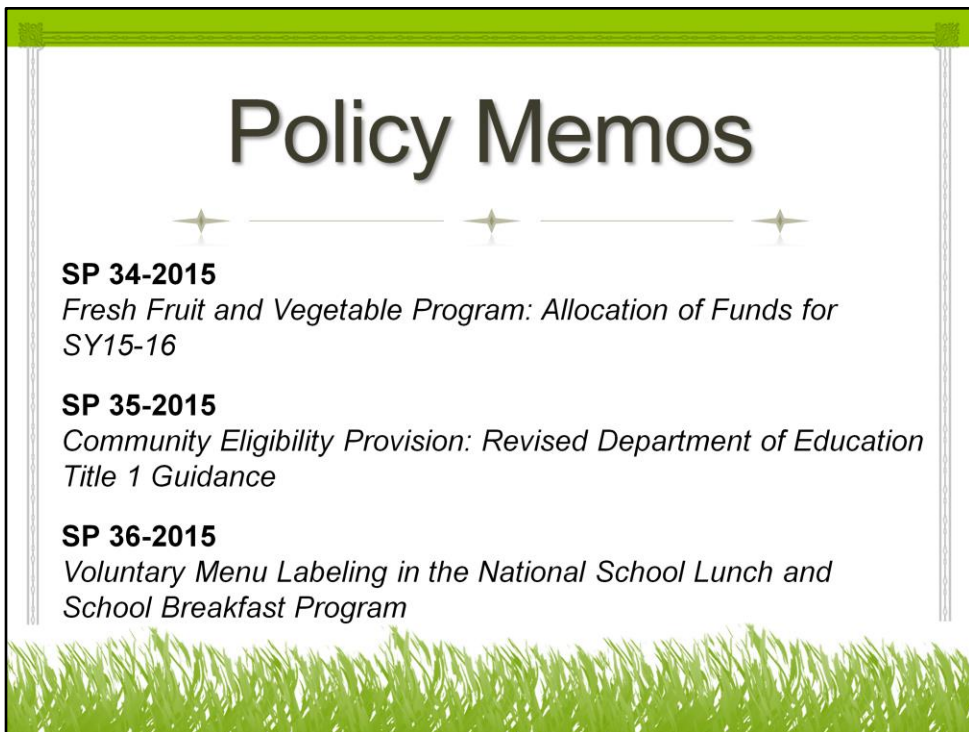
Child Nutrition Programs
Idaho State Department of Education

Heather Blume, MS, RD, LD
Coordinator Nutrition Assessment and Promotion/NSLP

Hello everyone and welcome to the monthly NSLP webinar. My name is Heather Blume and for those of you who don't know me, I am a coordinator with the Child Nutrition Programs. In addition to working with the National School Lunch Program, I work to promote and assess nutrition and wellness in school districts through a grant with the Department of Health and Welfare.



Today we will be covering the policy memos that were released in the last month and then discussing some reminders before highlighting some of the successes that districts across the state have had. We will end today's webinar with the opportunity to ask questions.



The policy memos we will cover today can be seen [here](#). We begin by talking about SP34-2015, which addresses funding for the fresh fruit and vegetable program, then move on to SP35-2015 which covers community eligibility updates, and then end with SP 36-2015, which discusses the ability of sponsors to post nutrition information on menus.

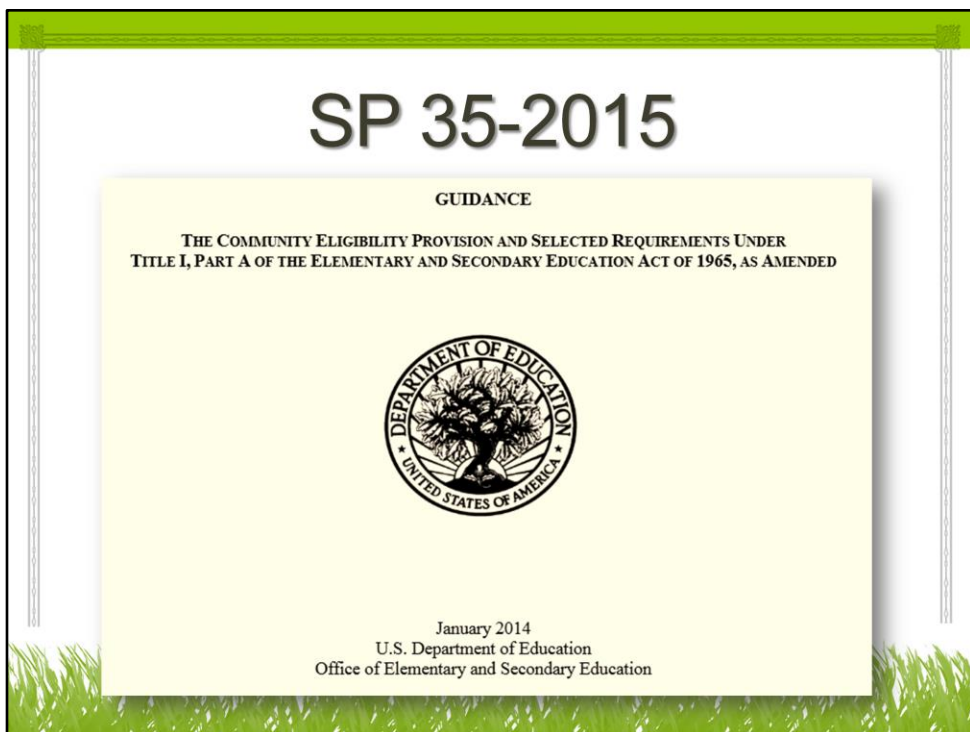


Starting with the policy memos...

SP 34-2015



SP 34-2015 addresses the funds available for the fresh fruit and vegetable program. For school year 2015-2016, the total amount of funding available to State agencies is \$177 million, which is comprised of the prior year base amount adjusted for inflation and carryover funds from last year. All 50 states and the District of Columbia will receive an annual grant equal to 1% of the funds made available and the remaining funds will be allocated based on the proportion of the State population to the U.S. population. Idaho schools who received the FFVP were contacted by the State agency and the State Department of Education announced the recipients in a press release on May 14th.



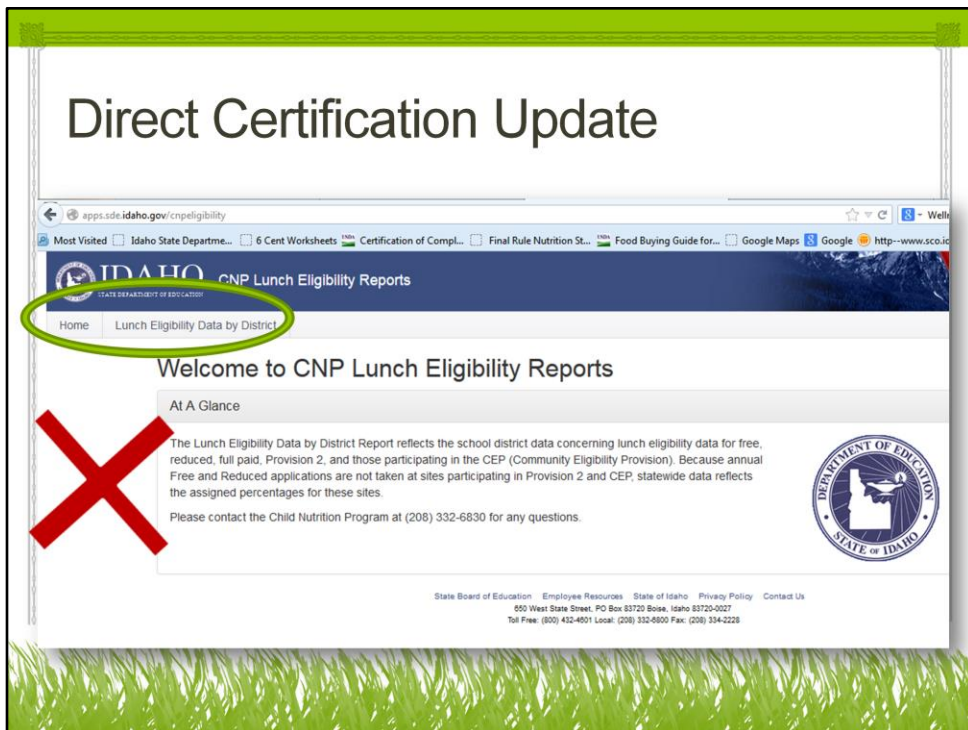
SP 35-2015 indicates that the January 2014 guidance from the U.S. Department of Education regarding Title 1 programs and community eligibility provision was updated in March of 2015. If you are interested in operating CEP in any of your schools please feel free to reference this guide as you speak with representatives of the Title 1 program in your district.



SP 36-2015 refers to voluntary menu labeling in the National School Lunch and School Breakfast Program. While chain restaurants with more than 20 locations are required to list nutrition information on menus, child nutrition programs are exempt from this requirement. However, Child Nutrition Program operators may choose to implement similar initiatives if they would like.



Before we conclude I want to make sure we cover some reminders...



For 2-3 weeks in July Direct Certification will be closed and next year Direct Certification will have a new user interface. The new interface should be more user friendly and will allow for access from mobile devices. It will also more closely match the format of the eligibility report available through ISEE with the tabs at the top of the page, rather than on the side. A new DC manual will be forthcoming to reflect these changes. Contact TJ Goodsell with the State agency if you have any questions about this process.

Idaho Wellness Policy Progress Report

Idaho Wellness Policy Progress Report (updated 5/1/10)

This template provides information on wellness policy requirements and practices within your school. Use this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name: _____ District Number: _____ Date of Evaluation: _____

School Name: _____ Most recent review by Wellness Committee: _____

Select all grades: PK ☐ K ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ 12 ☐

I. Public Involvement

Yes ☐ No ☐ We encourage the following to participate in the development, implementation, and evaluation of our wellness policy:

☐ Administrators ☐ School Food Service Staff ☐ P.E. Teachers ☐ Parents ☐ School Board Members ☐ School Health Professionals ☐ Students ☐ Public

☐ We have a designee in charge of compliance.

Name/Title: _____

☐ We make our policy available to the public.

Please describe: _____

☐ We measure the implementation of our policy goals and communicate results to the public.

Please describe: _____

☐ Our district reviews the wellness policy at least annually.

II. Nutrition Education

Yes ☐ No ☐ Our district's written wellness policy includes measurable goals for nutrition education.

☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc.).

☐ We offer nutrition education to students in: ☐ Elementary School ☐ Middle School ☐ High School

III. Nutrition Promotion

Yes ☐ No ☐ Our district's written wellness policy includes measurable goals for nutrition promotion.

☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

☐ We have reviewed menu planning techniques and evaluated our ability to implement some of them.

☐ We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☐ We ensure students have access to hand-washing facilities prior to meals.

☐ We annually evaluate how to market and promote our school meal programs.

☐ We regularly share school meal nutrition, calorie, and sodium content information with students and families.

☐ We offer taste testing or menu planning opportunities to our students.

☐ We participate in Farm to School activities and/or have a school garden.

☐ We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc.).

☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☐ We offer fruits or non-fat vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☐ à la Carte

☐ We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.

☐ We provide teachers with samples of alternative meal options other than food or beverages.

☐ We prohibit the use of food and beverages as a reward.

(cont. on page 2)

IV. Nutrition Guidelines (cont. from page 1)

Yes ☐ No ☐ Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.

☐ We operate the School Breakfast program: ☐ Before School ☐ In the Classroom ☐ Grab & Go ☐ Second Chance

☐ We follow all nutrition regulations for the National School Lunch Program (NSLP).

☐ We operate an After-school Snack Program through NSLP.

☐ We operate the Fresh Fruit and Vegetable Program.

☐ Our food service staff attends professional development opportunities (e.g. program administration, nutrition, safety, etc.).

☐ We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:

☐ as à la Carte Offerings ☐ in School Stores ☐ in Vending Machines ☐ as Fundraisers (including exemptions)

V. Physical Activity

Yes ☐ No ☐ Our district's written wellness policy includes measurable goals for physical activity.

☐ We provide physical education for elementary students on a weekly basis. # of MIN/WS: _____

☐ We provide physical education for middle school during a term or semester. # of MIN/WS: _____

☐ We require physical education classes for graduation (high schools only). # credits to graduate: _____

☐ We provide recess for elementary students on a daily basis. # of MIN/WS: _____

☐ We provide opportunities for physical activity integrated throughout the day.

☐ We prohibit staff and teachers from keeping kids in from recess for punitive reasons.

☐ Teachers are allowed to offer physical activity as a reward for students.

☐ We offer before or after school physical activity: ☐ Competitive sports ☐ Non-competitive sports ☐ Other clubs

VI. Other School Based Wellness Activities

Yes ☐ No ☐ Our district's written wellness policy includes measurable goals for other school based activities that promote wellness.

☐ We provide training to staff on the importance of modeling healthy behaviors.

☐ We provide annual training to all staff on: ☐ Nutrition ☐ Physical Activity

☐ We have a staff wellness program.

☐ We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).

☐ We actively promote walk or bike to school for students with Safe Routes to School or other related programs.

☐ We have a recycling / environmental stewardship program.

☐ We have a recognition / reward program for students who exhibit healthy behaviors.

☐ We have community partnerships which support programs, projects, events, or activities.

VII. Progress Report: Indicate any additional wellness practices and describe progress made in attaining the goals of your wellness policy, future goals, and/or additional wellness practices.

VIII. Contact Information:

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

Name: _____ Position/Title: _____

Email: _____ Phone: _____

The Idaho wellness policy progress has been sent out to sponsors and superintendents and is available on the Child Nutrition Program website. For those of you who are unfamiliar with the wellness policy requirements, I wanted to take a few moments to walk through this tool that was created in response to a need we saw among Idaho Sponsors.

The Idaho Wellness Policy Progress Report was developed to be a tool that wellness committees can use to communicate the how the wellness policy goals are being implemented in each school to the public. Anyone in the school may fill out this form and as long as it is posted on the school district website or sent out to parents the public communication requirement of the wellness policy has been met. This tool also helps wellness committees compare their wellness practices to best practices and generate ideas for improvement in their schools. If you have questions regarding this form or you cannot locate a copy of it please feel free to contact me, Heather Blume at the State Department of Education.



Our last reminder for the day is that an NSLP 101 training has been scheduled to occur in conjunction with the Sandpoint mini ISNA conference this June. This 6-hour course provides the necessary information for administering the National School Lunch Program and National School Breakfast Program. The course fulfills the requirement for annual mandatory training when taken in conjunction with the pre-requisite assessments. A passing score of 80% is required on the post assessment in order to receive full credit for attendance. The training will be held at Sandpoint High School and will be accompanied by a Fresh Fruit and Vegetable Training for sponsors who received the Fresh Fruit and Vegetable Grant for the 15-16 school year.

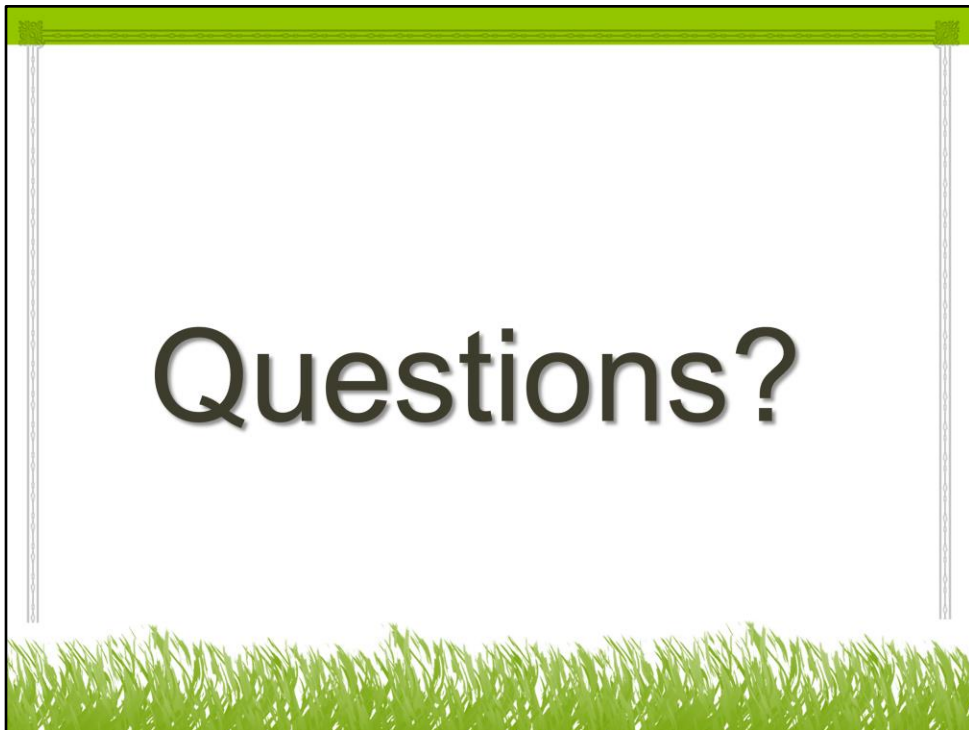


As we have covered all the recent policy memos, let's move on to our success stories for the month.

Renewal Applications Approved!

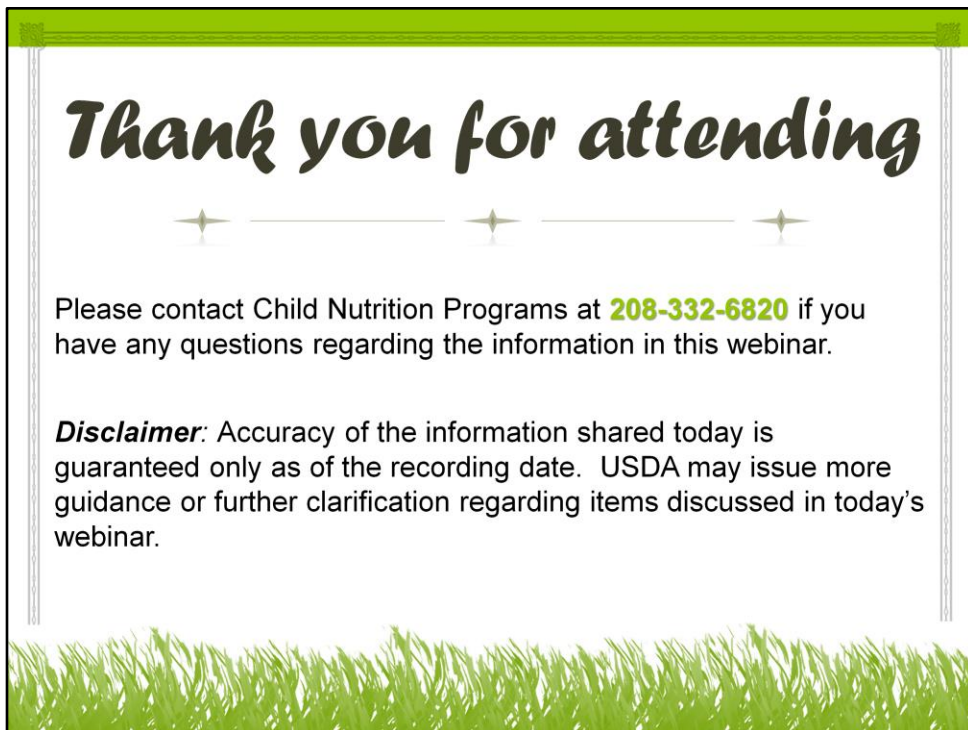
Sponsor Name	Application Packet Status	Submitted for Approval	Approval Date
Taylor's Crossing Public Charter School	Approved	05/21/2015	05/21/2015
Vallivue S.D. #139	Approved	05/21/2015	05/21/2015
Marsing Jt. S.D. #363	Approved	05/21/2015	05/21/2015
Homedale Jt. S.D. #370	Approved	05/20/2015	05/20/2015
Heritage Academy Inc.	Approved	05/20/2015	05/20/2015
Ross Point Baptist Camp	Approved	05/19/2015	05/19/2015
Trapper Trails Council - BSA	Approved	05/13/2015	05/19/2015
Hansen S.D. #415	Approved	05/13/2015	05/19/2015
Shelley S.D. #060	Approved	05/13/2015	05/19/2015
Lakeland S.D. #272	Approved	05/18/2015	05/18/2015
Wilder S.D. #133	Approved	05/18/2015	05/18/2015
Idaho Arts Charter School	Approved	05/15/2015	05/15/2015
Madison S.D. #321	Approved	05/15/2015	05/15/2015
Heritage Community Charter School	Approved	05/14/2015	05/14/2015
Glenns Ferry S.D. #192	Approved	05/14/2015	05/14/2015
Snake River Juvenile Detention Center	Approved	05/13/2015	05/13/2015

Since it is that time of year again, I wanted to recognize all the sponsors who have gotten their applications in and been approved for renewal. There are many many more sponsors who have submitted their applications and are just waiting to hear back on the status of their application, so congratulations to you too! Thanks for all your hard work this year and we look forward to another successful year with you all!



Well, that was it for today's webinar, does anyone have any questions at this time?

One question that has popped up is, "will posting the wellness policy report to the website meet the wellness policy requirements". And the answer to that is yes, if you complete the wellness policy progress report and post it to the website you will meet the wellness policy requirements. This form helps schools to measure the extent to which schools are in compliance with the local wellness policy, it helps to generate ideas regarding best wellness policy best practices, and it measures the progress made in attaining the goals of the local wellness policy. If this form is posted on the website or emailed out, it also serves to inform and update the public (including parents, students, and others in the community) about the content and implementation of local wellness.



This concludes our webinar for today. Please contact Child Nutrition Programs at 208-332-6820 if any additional questions emerge regarding the information in this webinar.

Disclaimer: Please remember that the accuracy of the information shared today is guaranteed only as of the recording date. USDA may issue more guidance or further clarification regarding items discussed in today's webinar.

USDA Non-discrimination Long Statement:

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202)690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339; or (800)845-6136 (Spanish).

USDA is an equal opportunity provider and employer.

USDA Child Nutrition Programs recognize the following protected classes: race, color, national origin, sex, age, and disability.

Thank you and have a good day